Contact Details

Leicester City

Central Area 1

(Highfields, St Matthews)

Sajjad Shah

Tel: 07909 401204

South Area 2

(Saffron, Eyres Monsell)

Jane Campbell Tel: 07884 458533

West Area 3

(Braunstone, New Parks

Jane Campbell

Tel: 07884 458533

North West Area 4

(Beaumont Leys, Bewcastle)

Gemma Cole

Tel: 07827 449413

North Area 5

(Belgrave, Woodbridge)

Jackie Hewitt Tel: 07825 923232

East Area 6

(Thurnby Lodge, Netherhall)

Beth Morris

Tel: 07827 879700

Leicestershire
County and Rutland

Melton & Rutland

Jackie Hewitt

Tel: 078259 23232

Harborough

Jo Houlston

Tel: 07900 914728

Charnwood

Sajjad Shah

Tel: 07909 401204

North West Leicestershire

Beth Morris

Tel: 07827 879700

Hinckly & Bosworth

Gemma Cole

Tel: 07827 449413

Blaby

Jane Campbell

Tel: 07884 458533

Oadby & Wigston

Jo Houlston

Tel: 07900 914728

If you are unsure who to contact, please call the Care Navigation Team Number 0116 215 3265.

Leave a message and someone will get back to you or email us at CareNavigators@leicspart.nhs.uk

Leaflet No. 299 - Edition 10





Care Navigation

This leaflet gives you information about the role of the Care Navigator and how they can help co-ordinate services to support your child.

Families, Young People and Children's Services Leicestershire
Partnership NHS Trust
Bridge Park Plaza
Bridge Park Road
Thurmaston
Leicester LE4 8PQ



www.leicspart.nhs.uk Email: feedback@leicspart.nhs.uk

Monday - Thursday (9.00am - 5.00pm)

Friday (9.00am - 4.30pm) 0116 295 1350

What is a Care Navigator and how can they help me and my child?

We are an administrative team working with 0-19 Practitioners, Therapy Services and external partner agencies to support Families, Young People and Children. We can support with:

- helping you get the right services to support your child signposting you to local support networks
- helping professionals share information more easily, to co-ordinate health appointments
- gathering information from and sharing with Paediatrics,
 Speech and Language, CAMHS, Occupational Therapy
 etc., including checking on the progress of referrals
- attend meetings set up by external agencies to share health information when required
- providing information around your child's health appointments including who they will see, where and when.
- attend Team Around the Family meetings with professionals that are involved with your child/ren, using a Whole Family Approach to support your needs.
 - not all families will require all the services we offer.

Your information

To help your child, consent will be gained to share information between professionals. We may request further information from and work with relevant agencies so that we can make sure your child has the help they need.

What sort of information is shared?

We share information such as:

- name, address and date of birth
- which professionals are working with you and your family at the moment
- · other members of your family
- · relevant health information

Multi-agency professional meetings

These meetings can be organised with the guidance of a health professional e.g. school nurse or health visitor, to support any decision making and enable your family to get the right support at the right time.