

Reflective Practice

Peer Support



Is there something about another practitioner's practice that you admire? Do you feel comfortable and confident to ask for advice?

Here are some possible examples:

- Ability to handle challenging behaviours.
- Story telling skills.
- Writing clear observations.
- Effective listening skills.
- Communicating with parents and carers.
- Managing their time effectively.
- Planning exciting activities.
- Creating stimulating displays.

Task

Take some time out to observe another practitioner.

Plan

- Make notes on what it is he/she does well.
- Ask the practitioner for some top tips
- Take time to discuss with them what it is that you would like to improve in your practice.

Do

- Ask them to observe you in a similar situation.

Review

- Spend some time discussing what went well or needs improving.