

# Reflective Practice

## Observing Practice



Some initial planning is required to ensure that this exercise is effective. You may want develop a simple tick list or pro forma beforehand to support you in maintaining focus. \*see example on reverse.

### **Task**

Work in pairs or individually and take turns in observing other team member for short periods of time – just 5-10 minutes.

Use your tick list to record your observations.

Discuss in your teams the findings and consider if opportunities have been missed.

Where have strengths been identified?

What next steps do you now need to take to address areas for development and continue to build on best practice?

Focus	Frequency observed	Total
Staff praising children		
Staff reprimanding children with a lack of positive reinforcement		
Staff taking the child's lead		
Staff extending children's thinking		
Staff disrupting children's play and learning		
Periods of time where children are waiting		
Staff communicating effectively		