

EMERGENCY HELP FOR VULNERABLE AND OR IN NEED FAMILIES IN LEICESTER

Please note that families must be referred by a member of Children's Centre staff

Name of service	Address	Telephone	Website	Opening Times	Referral criteria	Type of help
Open Friends	Compassion Centre, 53 Upper Tichborne Street, LE2 1GL	255 8672	www.openhandsleicester.org.uk	Friday 12.30pm	None	Monthly friendship lunch served to asylum seekers and refugees
The Open Hands Meal	Compassion Centre, 53 Upper Tichborne Street, LE2 1GL	255 8672	www.openhandsleicester.org.uk	Tuesday 7–8pm	Anyone who is in need of a hot meal	Weekly hot meal
The Open Hands Trust	Compassion Centre, 53 Upper Tichborne Street, LE2 1GL	255 8672	www.openhandsleicester.org.uk	Thursday 10-12noon	Drop-in or referral	Tea, toast and friendship
The Open Hands Trust	Compassion Centre, 53 Upper Tichborne Street, LE2 1GL	255 8672	www.openhandsleicester.org.uk	Tuesday 10-12noon	Just for women	Tea, toast and friendship
The Open Hands Trust	Compassion Centre, 53 Upper Tichborne Street, LE2 1GL	255 8672	www.openhandsleicester.org.uk		Referral (phone or letter): assessment of needs is then made by the project. Contact Sue Smout or Anastasia Nkhalamba	Food hampers – non-perishable items only. Hampers limited to 1 per month, 4 per year in total. Clothes and furniture also available. Project also offers new home and new baby hampers and various workshops and support services
The Red Cross	Bradbury House,	271 0359	www.redcross.org.uk	Monday-Friday	Refugee and	Will assist people to

	54 Kenilworth Drive, Oadby LE2 5LG			9am-5pm	asylum seekers only	reach Oadby. Can provide food, toiletries and clothing in emergency but focus is on case work to provide long term solutions
The Centre (Central Baptist Church)	1 Alfred Place, Granby street LE1 1EB	255 4013	www.centreproject.org	Tuesday, Thursday and Friday 12-5pm. Drop-in for 1-1 support and to meet others	Referral by phone or letter if food is required. Contact Eric, Project Manager	Provides a safe and welcoming space for social inter-action and support for vulnerable and socially isolated people. Cheap nutritious meals available
Bible Hall Fellowship	Corner of Mere Road/ Donnington Street LE5 5GR	284 9233	www.biblehall.co.uk	No specific times – mainly in the winter months	Primarily asylum seekers but others welcome contact Rev Peter Austin	Soup and bread
The Dawn Centre	Conduit Street LE2 0JN	221 2770	www.leicester.gov.uk	24 hours a day, all year round (some services only available at certain times)	Anyone is welcome but must be over 16 to stay. Phone to make a referral	Food, temporary accommodation, support on health and housing
The Y Advice and Support Centre (YASC)	Based at the Dawn centre (turn right after going through the main door)	221 2787	www.leicesterymca.co.uk/homeless-support.php	8-9am daily	Homeless people and 'vulnerably housed' eg people in B&B, in danger of losing tenancy, staying with friends etc. Drop-in but will have to register with YASC	Breakfast
The Y Advice and Support	Based at the Dawn centre (turn right after	221 2787	www.leicesterymca.co.uk/homeless-support.php	1-4pm daily	As above but limited to 4-5 per session	Cook and eat session, people who attend

Centre (YASC)	going through the main door)					prepare a meal then eat it
The Y Advice and Support Centre (YASC)	Based at the Dawn centre (turn right after going through the main door)	221 2787	www.leicesterymca.co.uk/homeless-support.php	Monday, Tuesday, Wednesday, Friday 8am-4pm, Thursday 8am-3pm	Referral by phone or letter to request a food parcel	Food parcels limited to 1 per month, also clothing, toiletries and household items available
Holy Trinity Church	Regent Road	254 8981	www.holytrinityleicester.org.uk	Friday evenings 7.30-8.30pm	Offer a cooked meal for guests followed by an inter-active Bible teaching and discussion time from 8.30-9.30pm. Also have a cupboard of emergency supplies such as bedding, clothes, tins and toiletries	
Leicester Welcome Project	St Martins House, 7 Peacock Lane LE1 5PZ	261 5200	www.stmartinshouse.com	Every Thursday morning	Serves asylum seekers mainly by the provision of food, clothes and toiletries, especially for those without any formal means of support whilst appeals are waiting to be heard	
The Contact Project	St Matthews House, 25 Kamloops Crescent LE2 2HX	262 2727	www.contactproject.org.uk	Food is distributed once a fortnight	Restricted to people who live on St Matthews Estate. Phone to make a referral	Food (part of Fare Share) distributed as food parcels to resident's homes
The Anchor	21-23 Dover Street LE1 6PW	255 1608	www.lcp-trust.org.uk/?q=adults/anchor-centre	Open 10am-4pm daily, 10.30-4.30pm on Wednesdays	Referral only. This is solely for people with alcohol dependency problems especially street drinkers	Food, snacks and hot drinks generally available
Leicester Aids Support Service (LASS)	The Michael Wood Centre, 53 Regent Road LE1 6YF	255 9995	www.lass.org.uk	Food distributed alternate Tuesdays	People affected by HIV who are in hardship or extreme poverty whilst their financial support is being addressed	Food parcels
New Futures Project	PO Box 7113	251 0803		Food distributed once a fortnight	Phone to make a referral. Restricted to women in	Food (part of Fare Share) but

					prostitution and anyone at risk of sexual exploitation	to receive food people must be service users
St Peter's Community Centre	St Peter's Road LE2	255 3095		Mondays, Wednesdays and Fridays 12-1pm	No restrictions but there is a charge of £3.50 for a two course meal and drink	Hot meals
Linwood Centre	Linwood Lane LE2 6QN	373 7220		Monday-Friday 9-5.30pm and Saturdays 10-12pm	Referrals only. Restricted to people living in Eyres Monsell and Freeman wards	Emergency food parcels
Leicester City Vineyard Storehouse	Rally House, Bonchurch Street LE3	319 1514	www.leicestercityvineyard.org.uk	Open for referrals during school term on the 1 st and 3 rd Saturday in the month and Tuesdays 11-3pm	Referrals only	Provides food, toiletries, nearly new clothes, baby items, pre-used furniture items, bedding and kitchenware
Holy Bones Sikh Temple	Guru Nanak Gurdwara, 9 Holy Bones LE1 5LJ	262 8606 251 7460	www.holybonesgurdwara.org.uk	From 12 noon	No smoking materials, alcohol or drugs can be brought into the temple. Must observe rules of behaviour	Lungar (blessed hot pure vegetarian food) for everyone present at lunch times
Guru Tegh Bahadur Sikh Gurdwara	106 East Park Road LE5 4QB	274 2453		11.30-8.00pm	No smoking materials, alcohol or drugs can be brought into the temple. Must observe rules of behaviour	Lungar (blessed hot pure vegetarian food) for everyone
Salvation Army	Ladysmith Road, South Wigston LE18 4UZ	277 4114	www.leicestersouthsa.org.uk	Monday-Friday 9am-5pm	Referrals only for residents in Wigston and surrounding areas	Food parcels and clothes distribution
Morton/Northfields TA	294 Victoria Road East LE5 0LF	246 1135			Referrals only by phone primarily for residents in the area although exceptions	Emergency and regular food (Fare Share)

					will be made in emergencies	parcels
STAR	291 Aikman Avenue LE3 9PW	291 4655	www.leicester.gov.uk/star	New Parks Pantry collection and donation point	For people who live in the New Parks area	Emergency food parcels
New Parks Food Pantry	New Parks Community Centre, St Oswalds Road LE3 6RJ	222 1072		New Parks Pantry collection and donation point	For people who live in the New Parks area	Emergency food parcels
Kirton Lodge	100 Fowler Close LE4 0SG			8am-12pm	Anyone living in Leicester can access	Food parcels
Red Cross	Leicester of City of Sanctuary, St Martins House, 7 Peacock Lane				Only for destitute asylum seekers	Food parcels
Braunstone Food Share	St Peter's Church, Woodshawe Rise LE3 1RH	289 3377		Fortnightly Monday 5-6.30pm and Tuesday 11-12noon	Anyone in need	Food is free but donations towards other costs are welcomed